

Journal References – Hippotherapy

The following are some references for studies which have been completed recently, aiming to objectively assess the benefits of therapeutic horseriding. It is important to appreciate however that due to the fact that since no two RDA riders are the same, in terms of their disability, it is very difficult to conduct a research study with a large number of participants. Hence, many studies involve small numbers of riders.

1. Casady RL. Nichols-Larsen DS “The Effect of Hippotherapy on Ten Children with Cerebral Palsy” *Pediatric Physical Therapy* 2004 Fall;16(3):165-72. ISSN 0898-5669
2. Benda W. McGibbon NH. Grant KL “Improvements in muscle symmetry in children with cerebral palsy after equine-assisted therapy (hippotherapy)” *J Altern Complement Med* 2003 Dec;9(6):817-25. ISSN 1075-5535
3. Would J “Summary of research into the effects of hippotherapy on walking and functional ability in children with cerebral palsy” *Association of Chartered Physiotherapists for People with Learning Disabilities* 2003 Autumn;2003(3):6-8.
4. Lechner HE. Feldhaus S. Gudmundsen L. Hegemann D. Michel D. Zach GA. Knecht H “The short-term effect of hippotherapy on spasticity in patients with spinal cord injury” *Spinal Cord* 2003 Sep;41(9):502-5. ISSN 1362-4393
5. Bizub AL. Joy A. Davidson L “It's like being in another world': demonstrating the benefits of therapeutic horseback riding for individuals with psychiatric disability” *Psychiatric Rehabilitation Journal* 2003 Spring;26(4):377-84. ISSN 1095-158X
6. Gewurtz R. Eccles A “The use of sensory integration in equine assisted therapy: an occupational therapy perspective” *Occupational Therapy Now* 2003 Jan-Feb;5(1):8-10. ISSN 1481-5532
7. Winchester P. Kendall K. Peters H. Sears N. Winkley T “The effect of therapeutic horseback riding on gross motor function and gait speed in children who are developmentally delayed” *Physical*

and Occupational Therapy in Pediatrics 2002;22(3-4):37-50. ISSN 0194-2638

8. Halpin Jones J “Hippotherapy and 'horse connectedness` Massage and Health Review 2002 Autumn;5(3):12-4.
9. Bracher M “Therapeutic horse riding: What has this to do with occupational therapists?” British Journal of Occupational Therapy 2000 Jun;63(6):277-82. ISSN 0308-0226
10. Aisenbrey, J. (2000, Summer). “But does it really work?” North American Riding for the Handicapped Association Strides: 6, 26.
11. Bertoti, D.B. (1988). “Effect of therapeutic horseback riding on posture in children with cerebral palsy” Physical Therapy: 68, 1505-1512.
12. Brock, B.J. (1988). “Effect of therapeutic horseback riding on physically disabled adults” Therapeutic Recreation Journal: 22, 34-42.
13. Evans, J.W. (1995, October). “Cerebral palsy and therapeutic riding: A review of relevant literature “North American Riding for the Handicapped Association Strides: 1, 27-28.
14. Macauley, B.L. (2002, Fall). “More research in the field?” North American Riding for the Handicapped Association Strides: 8, 35.
15. McGibbon, N.H. (1997, October). “The need for research” North American Riding for the Handicapped Association Strides: 3, 32.
16. Scebbi, W.J. (2002, Fall). “Let’s keep our focus” North American Riding for the Handicapped Association Strides: 8, 35.
17. Splinter-Watkins, K.L. (2001, Spring). “Research forum.” AHA News: 10, 1&4.